ABUNDANCE NOW

Understanding Your Money Blueprint

Redesigning Your Money Blueprints

In the spaces below for each blueprint area explore everything you can think of related to that area that has influenced your relationship with money. Next, take a highlighter and highlight what within each area has really been the driver of your actions and feelings about money. And finally, write an affirmation that supports or neutralizes the driver you highlighted. Your affirmation should create the new possibility you want in that part of your money blueprint. Circle the money blueprint that you want to maintain, what still works for you.

Cultural Influencers

i.e.: Does Your Culture say to do more with less? The more money you have the better? etc..

Economic Influencers

i.e.: Where there arguments around money in your household? Did you always have more than enough? Did finances make your family worry? Or was it the thing that brought everyone together?

Gender Influencers

i.e.: did you grow up learning that as a woman or as a man that you should play a certain role. Like being seen and not heard? Being the head of the household. Find a man who will take care of you, or is it that you must take care of yourself?

Geographical Origin Influencers

i.e.: How did your neighborhood or community look at money or abundance? Did it say every man or woman for themselves? Did it say give to others?

Spiritual Influencers

i.e.: was money seen as the root of all evil? Or was it seen as something you are meant to have and obtain? Was money or prosperity a symbol of godliness? Or is that you should only keep what you need and all else goes to charity?